

# THE RELATIONSHIP BANK ACCOUNT

This is your relationship bank account sheet! It allows you to keep track of the investments you are making and develop your relationship! Every time you have a positive interaction with your dog (e.g. reward a good choice, a walk, a cuddle, a training session, etc.), fill in a square above “positive interactions” (on the right). Every time you have a negative interaction (frustration, disappointment, a bad training session, etc.), fill in a square above “negative interactions (on the left). This gives a visual representation of your relationship bank account, and you will get to see it grow!

[illegible]

Calculate your “**relationship score**” for this week by counting the positive interactions and subtracting the negative interactions!