

PRO DOG TRAINER®

ProDogTrainer.Me

| INSTRUCTOR
BOOSTS!

CHECK WHAT PEOPLE WANT TO GET OUT OF THE EXPERIENCE!

Starting every course/lesson with an activity that highlights students' current struggles and aims allows you to:

- a. Target teaching to your audience
- b. Reduce the need for person-specific and individual questions by covering them as you teach
- c. Provide added and personalised value and relationship-building to your teaching

Practically, we find what works best is to provide students with a sticky note on which they write their top two aims from the course.



Provide students with a sticky note on which they write their top two aims from the course



These objectives should be considered carefully and the following questions must be answered in your plan:

What do you want your students to get out of the session?

What do your students want to get out of the session?

Are varying levels, abilities and struggles covered?

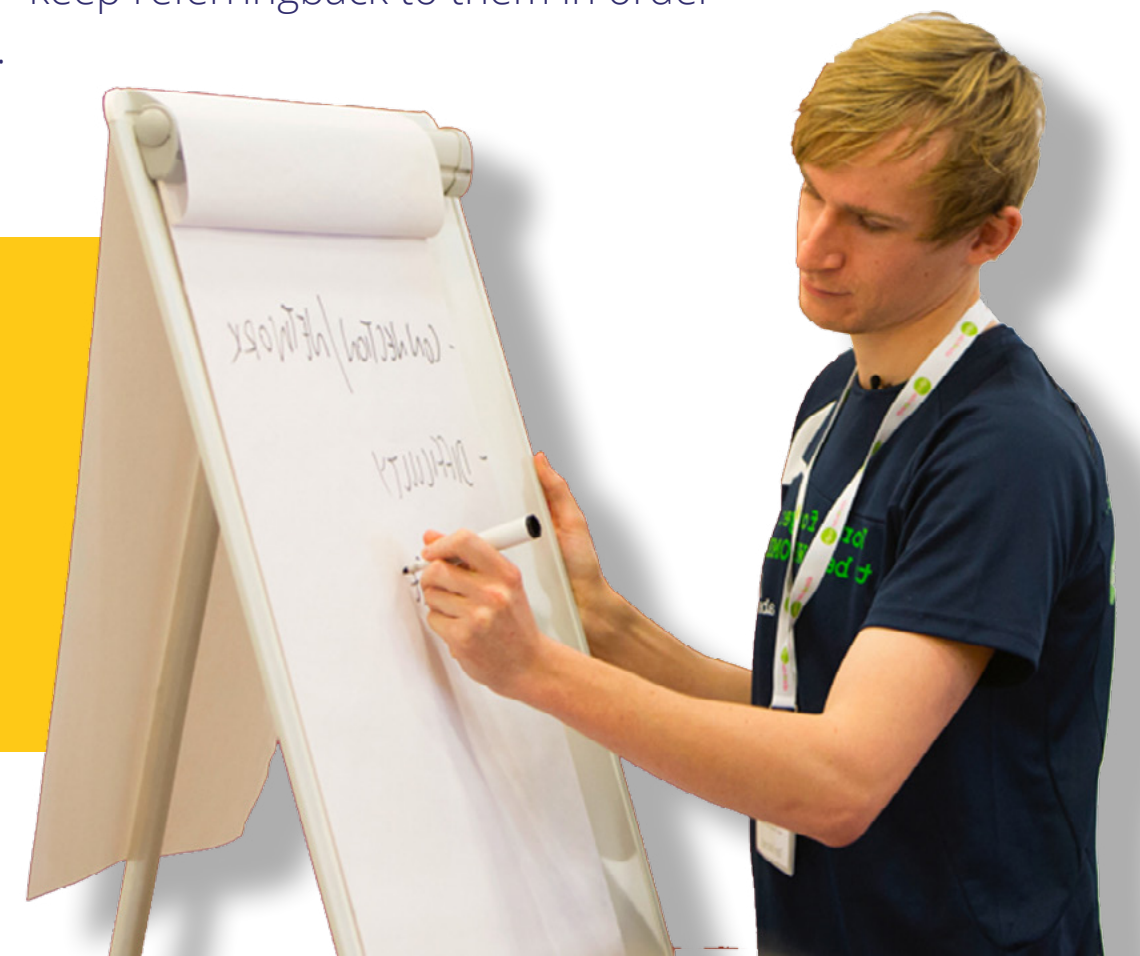
PLAN, PLAN, PLAN..!

Firstly and most importantly - you must have a plan!

Before your plan, you should outline two or three main objectives that you want your students to achieve by the end of the session.

These objectives give you a clear focus to plan your session around - keep referring back to them in order to maintain this.

Outline two or three main objectives that you want your students to achieve





Considering the comfort of everyone is a great way to maximise learning time

CONSIDER THE SPACE!

Physically drawing out a plan of how your space will be used to its maximum, considering the comfort of everyone is a great way to maximise learning time rather than using it to haul kit around.

This will allow your students to feel more at ease with their surroundings and can allow you to accommodate all breeds, abilities and Naughty but Nice type dogs.

Create a floorpan of your working space to use as a template that you can fill in before each session.

OPTIMISM PAIRING!

Our number one rule to making groups and pairs up is that you always counteract someone who may may be more pessimistic in training situations with someone super positive, solutionbased and optimistic!

Don't underestimate the influence a super positive and optimistic person can have within a group and make sure to protect them and utilise them!



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VISUALISATION!

Make sure to incorporate activities involving visualisation into your teaching.

Visualisation of positive outcomes from your training creates:

- a. A relationship between trainer and students
- b. Promotes compliance of the methods
- c. Boosts optimism and motivation
- d. Sets the the tone for learning

An activity that works very well is getting students to write down answers to the following questions and then encouraging sharing in the group:



Incorporate activities involving visualisation into your teaching

What is yuor biggest achievement in your dog training right now?

What is the biggest challenge you are facing in your dog owning/training right now?

How would it feel to overcome this particular challenge?

ENSURING REINFORCEMENT!

Make sure to plan and schedule opportunities for your students to reflect on how far they have come with their dog, their learning and the skills you have developed in the training class.

People naturally geared towards pessimism are less likely to acknowledge success or progress, and it must be the instructors role to provide opportunities for them to do this.

Comparing the answers on the sticky notes that they wrote at the start of the course to where they are now is a great way to build this into your teaching! Equally, tasks such as asking people to write down three points they have progressed in since beginning the course can be a simple trigger to them acknowledging success.



Plan and schedule opportunities for your students to reflect on how far they have come with their dog

DON'T FORGET THE GROUP PHOTO!



Souvenirs and momentos are great so that everyone can remember the optimism and positive energy after the event!



INCORPORATE HUMOUR!

Remember people enjoy training their dogs because it is something super positive in their lives - so up the ante!



TIPS: funny prizes,
human demonstrations,
funny names for games!

USE YOUR TOOLS!

Incorporating demonstrations with your own dogs, students' dogs and videos of your own dogs massively boosts compliance, motivation, commitment and makes the dog training results very tangible!

This is absolutely another strong exercise in visualisation!



Videos of your own dogs massively boosts compliance, motivation, commitment and makes the dog training results very tangible!



GO FORTH AND TAKE THE LEAP!

